FOOD & ART Digital Dinner Parties Ingredient Lists

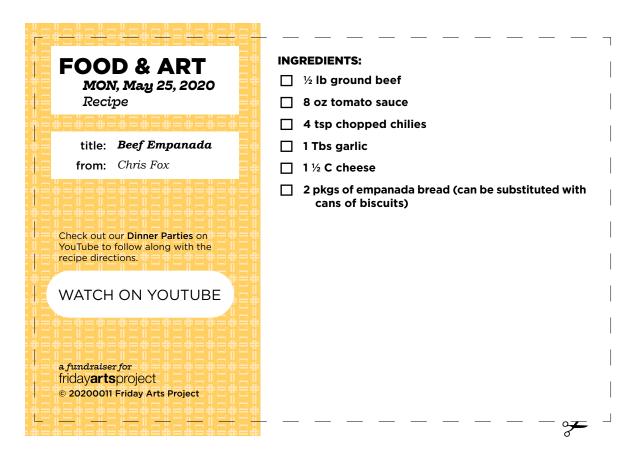
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Check out our **Dinner Parties** on YouTube to follow along with the recipe directions.

Dinner Party | May 25, 2020 - Beef Empanadas Dinner Party | May 26, 2020 - Basic Bean Burger de Bittmanish Dinner Party | May 27, 2020 - Blackwater Barbecue Shrimp & Grits Dinner Party | May 28, 2020 - Eggplant Parmesan Dinner Party | May 29, 2020 - Bar-B-Que Brisket

Clickable buttons on each ingredient list card will take you to the corresponding recipe video.







INGREDIENTS:

- **2** C well cooked beans w/liquid (black are my favorite)
- 1 med onion quartered (roasted, if you have time)
- ☐ ½ C rolled oats (NOT instant)
- \square ½ C corn flour (roughly)
- 1 tbs or so of chili powder (or spice of choice)
- 🗌 1 egg
- ranch or salsa & sour cream (optional)
- **green salad or spinach salad (optional)**

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OD & ART 🛛 📕	INGREDIENTS: (con)
ED, May 27, 2020 📳	½ C + 2-4 Tbs unsalted butter
Recipe	1 C stone ground grits (Cotton Hills or Geechie Boy
⋕ ⋳⋕⋳⋕⋳⋕⋳⋕⋳⋕⋳⋕⋳	2 C water
title: Blackwater Barbecue	☐ 2 C milk
Shrimp & Grits	2 bay leaves
om: Stephen Crotts	½ C mascarpone or cream cheese salt & pepper to taste
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INGREDIENTS:

- **2** globe eggplant, cut crosswise into ¼" thick rounds
- 1 Tbs kosher salt
- ☐ ½ C flour
- sea salt & freshly cracked pepper to taste
- 2 eggs, well beaten
- 1 1/2 C plain panko crumbs
- 🔲 3/4 C Parmesan, finely grated
- 2 tsp olive oil
- 1 small shallot, finely diced
- □ 3 cloves of garlic, minced
- Pinch of crushed red pepper flakes
- **2 15-oz cans of diced tomatoes, 1 can blended slightly**
- 1/4 C + 2-3 Tbs fresh basil, chopped
- Pinch of sugar if needed
- 1 C fresh Mozzarella freshly torn or shredded

FOOD & ART FRI, May 29, 2020 Recipe
title: <i>Bar-B-Que Brisket</i> from: <i>Kirk Irwin</i>
Check out our Dinner Parties on YouTube to follow along with the recipe directions.
WATCH ON YOUTUBE
<i>a fundraiser for</i> friday arts project © 20200011 Friday Arts Project

INGREDIENTS:

- **4** Tbs of Worcestershire Sauce
- **2** Tbs Liquid Smoke
- 1/2 tsp garlic salt
- **2** Tbs mustard (your favorite or experiment)
- **2** Tbs oil (I like avocado, but any fat will do)
- 2 Tbs brown sugar (light or dark)
- **2** Tbs water
- ☐ ½ C of catsup/ketchup
- ☐ ¼ C of diced onion
- 3-4 lbs of brisket

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